

Hope is being able to see  
that there is light,  
despite all the darkness

Archbishop Desmond Tutu



Though the fig tree does not bud  
and there are no grapes on the vines,  
though the olive crop fails  
and the fields produce no food,  
though there are no sheep in the pen  
and no cattle in the stalls,  
yet I will rejoice in the Lord, I will be  
joyful in God my Savior.

Habakkuk 3:18



The steadfast love of the Lord never ceases,  
his mercies never come to an end;  
they are new every morning;  
great is your faithfulness.

Lamentations 3:22-23



Where can I go from your Spirit?  
Where can I flee from your presence?  
If I go to the heavens, you are there;  
if I make my bed in the depths, you are there.  
If I rise on the wings of the dawn,  
if I settle on the far side of the sea,  
Even there your hand will guide me,  
your right hand will hold me fast.

Psalm 139: 7 - 10





Finally, brothers and sisters,  
whatever is true, whatever is noble,  
whatever is right, whatever is pure,  
whatever is lovely, whatever is admirable,  
-if anything is excellent or praiseworthy-  
think about such things.

Philippians 4:8

